

ART | Aura Clearing (aka psychic surgery) Guide



UDKM



CKR



SHK



HSZSN

Colour Code:

Discussion with client:

Green: room prep before treatment/ aura clearing from behind the client

Procedure:

1. Give the cause of the problem an identity. Tell the client to go with their first impression or thought. It doesn't have to make sense.
 - Ask if it had a _____ what would it _____ like?
 - **location:** where would it be? (if they aren't sure of the location have them close their eyes and tune into their body, slowly scanning from their head to their toes, paying attention to areas that catch their attention. It could be an inner knowing or feeling that helps them determine the location)
 - **shape:** what would it look like?
 - **size:** what size is it?
 - **density:** does it have a density?
 - **colour:** if it had a colour what colour would it be?
 - **texture:** Is there a texture, how does it feel?
 - **sound:** what would it sound like or what would it say?
 - **emotion:** is there an emotion or feeling attached to this object, location?
2. How would it look if it was completely healthy and healed?
 - ask the above questions
 - if they're not sure what healthy looks like ask them to find an area in their body that feels healthy and ask above questions to create an image of the healthy area
3. Are you ready and willing to completely let go of the cause (energy) and be healed now?
 - tell your client you're going to remove the energy from their field and send it up to the Universe
 - ask the client to thank the problem/energy for it's service and life lessons, it's now time to go
 - tell them to focus on the shape/energy leaving their body/ field

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4. Preparation behind client

- activate symbols into hands (6 symbols)
- create sacred space (CKR on all walls, ceiling, floor)
- protect self (CKR over each chakra big CKR to seal from crown to root)
- infuse room (4 symbols: UDKM, CKR, SHK, HSZSN)
- declare your intention for the session/ prayer

5. Extend fingers (pull them out with breath), stabilize with CKR at the ends (both hands)
6. draw UDKM over the location (can use other symbols as well if you wish)
7. pull the energy out using breath (inhale as pulling it out of the person, exhale when directing it up to the universe)
 - the energy you are pulling off does not enter your physical body it stays in your extended fingers
 - visualize that you are pulling out the image and replacing it with the healthy image
 - feel like you are grabbing the shape that they described
8. check in with your client
 - how does it look now?
 - adjust how you are pulling the energy to fit with their new description
9. Continue to pull the energy out and see (visualize) the area turning to the healthy image
 - check in with client again to see how the area looks and feels to them
 - if it isn't changing ask them if there is something they need to learn/ know before they can heal? Tell them to go with their first impressions
10. if they say the energy is gone, ask them to scan their body to make sure the energy hasn't moved to somewhere else
 - if they find it in a new location go back to step 1 to determine what the energy now looks like
 - go to step 6 and begin to remove this image and replace it with the healthy image
11. when finished:
 - cut the energetic cord between you and your client
 - push extended fingers back into physical hands
 - do reiki over the area, SHK and any other symbols that are appropriate
12. move on to treatment or end session